ESA Youth Summer Basketball League Rules

The ESA Youth Summer Basketball League will follow WIAA game rules except for the following:

1. We will play 2 - 18-minute halves with running clock till the last 1 minute of first half and last 2 minutes of second half. (3) time outs per team. If we have an Overtime Game, it will be a 2 Minute Overtime with stop clock on each whistle. Each team will get an additional time out. If the game is still tied at the end of Overtime, we will play a sudden death, 1st team to score wins. No Time outs in Sudden Death.
2. No Full Court Press with a 15-point Lead or greater. Running Clock in last 2 minutes if a team
has a 15 point or greater lead.
3. Man to Man Defense only at the 4th-5th Grade levels. No Full Court Press at 4th-5th grade until
the last 2 minutes of each half. Referees will warn, if the Referees deem not playing man to man
then it will be a 2-point technical foul. Help side principles will be in effect. Also, as a referee, if
you station 2 offensive players near mid court and their respective defenders sag into the lane,
they are not going to call that an illegal defense. If you send a cutter through lane to ball side
and defender does not go with him that will be called. If you send a 2nd guy to double ball, that
will be warned. If a dribbler dribbles himself into a double team and man is there to help, that
would be looked at as help side defense. Referees will have discretion on this matter. So, let's
do the right thing and teach our young kids proper ball handling and help side principles on
Defense.
4. 4th Grade Free Throw Shooting - The shooter will be allowed to cross the FT line but cannot be the first to touch the basketball.
5. Technical Fouls - No shots. Automatic two points plus possession. Ejection from the game and premises with the second technical in any single game. In the event a coach/player has been ejected from a game, he/she shall be SUSPENDED from coaching/playing in the teams’ next regularly scheduled game (it may carry over to the following week).
6. Intentional Fouls. - No free throws. Automatic two points.
7. We will play with the Intermediate 28.5 size ball for 4th grade through 6th grade boys games. A Full Size 29.5 ball will be used for 7th and 8th grade boys.
8. Players may play “up” a level but cannot play “down” meaning a 4th grader can play 5th grade
but a 5th grader cannot play 4th. Also, a player can ONLY play for 1 team at his grade level per
date meaning a player cannot play for an A team and then the B team as well that same day at
his grade level. If an exemption is needed, please contact the league.

We expect all involved, Coaches, Referees, Players and Spectators to exhibit both good sportsmanship
and behavior. Let's have a great season!

Program director may change rules at any time, as long as notice is given.